

This is a great activity for the whole family that you can do close to where you live or anywhere in the world. There are over 1.25m caches hidden all over the globe. They can be found at your local park, at the end of a long hike, underwater or on the side of a city street.

It's an exciting activity, rewarding and loads of fun and requires some skill as well.

All you need is a GPS or smartphone to navigate to a set of specific GPS co-ordinates where a geocache (container) has been hidden. The container may contain a log book for you to record your find, and trinkets which you can replace with an item of equal or greater value.

There's just a few instructions to get you started so make sure you read the instructions below before setting out on your techno treasure hunt.

Have fun!

- Register at www.geocaching.com for a free Basic Membership.
- Visit the "Hide & Seek a Cache" page, enter your post code and click 'Search'
- Choose any geocache from the list and click on its name. The caches highlighted in green are specifically for beginners and might be a good place to start.
- Enter the coordinates of the geocache into your GPS Device and get mobile.
- Take a pen with you and some small trinkets to use if you would like to trade knick-knacks
- Use your GPS device to assist you in finding the hidden geocache.
- When you've found the cache, you can open the container and take the prize inside but you must replace it with something of equal or greater value.
- 8 Sign the logbook and return the geocache to its original location.
- 9 Share your geocaching stories and photos online.

If you need more information, log onto www.geocaching.com

